

How Much Sugar?

My group's drink is _____.

Step 1:

# of Servings		Grams of sugar in one serving		Total amount of sugar (grams)
	X		=	

Step 2:

Total amount of sugar (grams)		# of grams of sugar in 1 teaspoon		Total # of teaspoons of sugar
	÷		=	

My drink has _____ teaspoons of sugar.

Is this natural or added sugar? _____.

Is this an "everyday" or "sometimes" drink? _____.